

SCHOOL LUNCH MENU

| | Week 1 | Weeks commencing 7/06, 28/06, 19/07 | Week 2 | Weeks commencing 14/06, 05/07 | Week 3 | Weeks commencing 21/06, 12/07 |
|-----------|--|---|--|---|--|--|
| Monday | New york hot dog & ketchup served with wedges or pasta, beans or vegetables | Sweet Chinese noodles served with roasted vegetables. | Sausage & mash served with vegetables or beans in a rich gravy | Vegetarian meatballs served with vegetables, mash & gravy | American burger served with potato croquettes, beans or vegetables. | Roasted vegetable lasagne served with a seasonal salad |
| | 100% fruit lolly, Yogurt or fresh fruit | | 100% fruit lolly, fresh fruit or yogurt | | 100% fruit lolly, yogurt or fresh fruit | |
| Tuesday | French bread Tomato Pizza served with pasta & sweetcorn | Sweet potato, spinach & chickpea curry served with rice & Naan bread | Hunters Chicken. Chicken topped with bacon in a BBQ sauce served with vegetables & rice. | Tomato & basil pasta bake served with vegetables & garlic bread. | All day brunch (sausage, bacon, egg, hash brown & beans) | All day veggie brunch (Quorn sausage, egg, tomatoes, hash brown & beans) |
| | Chocolate cornflake crispy cake, Yogurt or fresh fruit | | Chocolate courgette cake, yogurt or fresh fruit | | Chocolate orange muffin, yogurt or fresh fruit | |
| Wednesday | Roast beef with crispy potatoes, fresh vegetables, gravy & Yorkshire pudding | Roasted root vegetable pie served with roast potatoes, gravy & yorkshire pudding. | Roast chicken with crispy potatoes, vegetables, gravy & Yorkshire pudding | Vegetable cottage pie with a sweet potato mash served with fresh vegetables, gravy & Yorkshire pudding. | Roast Gammon served with crispy potatoes, fresh vegetables,gravy & yorkshire pudding | Cauliflower cheese with fresh vegetables & crusty bread. |
| | Refreshing Orange jelly, Yogurt or fresh fruit cocktail | | Fresh fruit cocktail & ice-cream, Yogurt or fresh fruit | | Strawberry jelly, Yogurt or fresh fruit cocktail | |
| Thursday | Spaghetti Bolognese served with seasonal vegetables or a summer salad & crusty bread | Mac n cheese served with garlic bread and vegetables | Lasagne served with seasonal vegetables or summer salad and crusty bread | Cheesy wheels with pasta, beans or sweetcorn | Chicken tikka masala with rice & naan | Pizza muffins with pasta, beans or sweetcorn |
| | Raspberry cupcake, yogurt or fresh fruit | | Blueberry cupcake yogurt or fresh fruit | | Pineapple upside down cupcake, yogurt or fresh fruit | |
| Friday | Battered fish or fish fingers with chips served with beans or sweetcorn & ketchup | Battered Quorn dippers with chips served with beans or sweetcorn & ketchup | Battered fish or fish fingers with chips served with beans or sweetcorn & ketchup | Vegetable Fajita with chips. | Battered fish or fish fingers with chips served with beans or sweetcorn & ketchup | Roasted vegetable quiche served with chips or summer salad |
| | Custard cookie, yogurt or fresh fruit | | Chocolate shortbread, yogurt or fresh fruit | | Jammie dodgers, yogurt or fresh fruit | |

SCHOOL LUNCH MENU

Jacket potato option available everyday with either cheese, beans, tuna and coleslaw, salmon will also be available every Wednesday on week 2.

Jacket fillings: Cheese  Tuna  (with mayonnaise   ) Coleslaw (with mayonnaise   ) Beans

Working to the school food standards plan ensures your child has a healthy balanced nutritious lunch. We cater for all dietary needs; ingredients can be substituted or recipes adapted please speak to your kitchen manager.



Handmade



Vegetarian.

ALLERGENS



Celery



Cereals containing gluten



Crustaceans



Eggs



Fish



Lupin



Milk



Mollusc



Mustard



Tree Nuts



Peanuts



Sesame seeds



Soya



Sulphur Dioxide

LIGHT CHOICES

Week 1

Monday

Tuesday

Wednesday

Thursday

Friday

Week 2

Week 3