











































SCHOOL LUNCH MENU

	Week 1	Weeks commencing 22/04, 13/05, 10/06, 01/07, 02/09, 23/09, 14/10	Week 2	Weeks commencing 29/04, 20/05, 17/06, 08/07, 09/09, 30/09	Week 3	Weeks commencing 06/05, 03/06, 24/06, 15/07, 16/09, 07/10
Monday	Chinese pork with noodles   	Cheese wheels with beans or vegetables      	Spaghetti bolognaise with garlic bread   	Sweet chilli vegetables with noodles       	Hotdog in a finger roll with wedges   	Vegetarian lasagne with garlic bread     
	Shortbread, yogurt  or fresh fruit   		Yummy 100% fruit lollies, yogurt  or fresh fruit		Apple flapjack, yogurt  or fresh fruit   	
Tuesday	Cheese and tomato pizza     	Mushroom and leek stroganoff with rice    	Chicken Tikka with rice and naan bread    	Quorn dippers in a BBQ sauce with diced potatoes    	BBQ chicken with rice or pasta  	Three bean burrito with rice   
	Jelly with fruit, yogurt  or fresh fruit		Marmalade cake yogurt  or fresh fruit    		Fruit muffins, yogurt  or fresh fruit     	
Wednesday	All day breakfast - sausage, bacon, scrambled egg, hash brown and beans     	All day breakfast - quorn sausage, scrambled egg, hash brown, mushrooms, tomatoes     	Gammon steaks with pineapple and wedges	Cauliflower cheese with garlic bread    	Beef meatballs in a tomato sauce with pasta    	Cheese and onion muffin with sweet potato wedges     
	Beetroot chocolate cake, yogurt  or fresh fruit   		Ice cream sundae, yogurt  or fresh fruit     		Fresh fruit platter or yogurt 	
Thursday	Roast beef, Yorkshire pudding with roast potatoes, veg and gravy    	Lentil loaf, Yorkshire pudding with roast potatoes, veg and gravy      	Roast turkey, Yorkshire pudding with roast potatoes, veg and gravy    	Vegetable slice, Yorkshire pudding with roast potatoes, veg and gravy       	Roast gammon, Yorkshire puddings with roast potatoes, veg and gravy    	Vegetable sausage, Yorkshire pudding with roast potatoes, veg and gravy      
	Fresh fruit platter or yogurt 		Lemon biscuits, yogurt  or fresh fruit     		Banana cake, yogurt  or fresh fruit     	
Friday	Fish fillet with a homemade tomato sauce with chips or pasta     	Broccoli quiche with chips or pasta       	Fish spirals with chips or pasta    	Quorn sausage with chips or pasta     	Fish fingers with chips or pasta  	Beanie burger with chips or pasta      
	Eton mess, yogurt  or fresh fruit   		Carrot cake, yogurt  or fresh fruit    		Custard biscuits, yogurt  or fresh fruit   	

SCHOOL LUNCH MENU

Jacket potato option available everyday with either cheese, beans, tuna and coleslaw

Jacket fillings: Cheese  Tuna  (with mayonnaise   ) Coleslaw (with mayonnaise   ) Beans

Working to the school food standards plan ensures your child has a healthy balanced nutritious lunch. We cater for all dietary needs; ingredients can be substituted or recipes adapted please speak to your kitchen manager.



Handmade



Vegetarian.

ALLERGENS



Celery



Cereals containing gluten



Crustaceans



Eggs



Fish



Lupin



Milk



Mollusc



Mustard



Tree Nuts



Peanuts



Sesame seeds






Soya






Sulphur Dioxide


LIGHT CHOICES




Week 1

Monday Chicken Mayonnaise Baguette    

Tuesday Cheese Salad Wrap  

Wednesday Bacon Baguette  

Thursday Gammon Salad Wrap 

Friday Egg Mayonnaise Baguette    

Week 2

Gammon Salad Baguette  

Sweet Chilli Chicken Wrap 

Tuna Mayonnaise Baguette     

Cheese & Coleslaw Wrap     

Chicken Salad Baguette    

Week 3

Tuna & Sweetcorn Baguette   

Egg & Cress Wrap  

Barbeque Chicken Baguette  

Cheese & Tomato Wrap  

Gammon & Pineapple Baguette  