








































































































































































SCHOOL LUNCH MENU

	Week 1	Weeks commencing 28/10, 18/1, 9/12, 13/1, 3/2, 2/3, 23/3.	Week 2	Weeks commencing 4/11, 25/11, 16/12, 20/1, 10/2, 9/3.	Week 3	Weeks commencing 11/11, 2/12, 6/1, 27/1, 24/2, 16/3.
Monday	Beef burger in a roll with wedges or pasta.   Mc 	Vegetarian bolognese with pasta and garlic bread.     Mc 	Chicken meatballs in a tomato sauce with pasta. 	Bean fajita with vegetables.   	Lasagne with garlic bread.    Mc 	Spanish omelette with sweet potato wedges.    
	Chocolate cracknel    yogurt  or fresh fruit.		Apple flapjack   Mc  or yogurt  or fresh fruit.		Toffee apple pancakes,    or yogurt  or fresh fruit.	
Tuesday	Chicken fajita tortilla boats served with salad or rice.   	Singapore noodles.     	Cottage pie with vegetable or beans.    Mc 	Cheese wheels with diced potatoes.     	Chicken Korma with rice and naan bread.      	Mediterranean pasta bake.    
	Fresh fruit cocktail with ice cream  or yogurt. 		Fresh fruit cocktail with ice cream  or yogurt. 		Fresh fruit cocktail with ice cream  or yogurt. 	
Wednesday	Tandoori salmon with vegetable rice or pasta.   	French bread pizza with diced potatoes.     Mc 	All day breakfast.     	Vegetarian All day breakfast.    	Sausage with mash potato or pasta.   Mc 	Quorn meatballs in gravy with mashed potato or pasta.   
	Courgette cake with chocolate sauce     yogurt  or fresh fruit.		Rhubarb cake     yogurt  or fresh fruit.		Mixed fruit crumble with custard    yogurt  or fresh fruit.	
Thursday	Roast chicken, Yorkshire puddings with roast potatoes, veg and gravy.   	Homity pie with roast potatoes and vegetables and gravy.     	Roast pork with apple sauce, Yorkshire pudding with roast potatoes, veg and gravy.   	Mac n cheese with garlic bread.      MC 	Roast beef, Yorkshire puddings with roast potatoes, veg and gravy.   	Vegetable slice With roast potatoes, veg and gravy.     
	Fresh fruit platter or yogurt. 		Fresh fruit platter or yogurt. 		Fresh fruit platter or yogurt. 	
Friday	Breaded fish with chips or pasta.    Mc 	Tomato Tumble with beans or vegetables.     Mc 	Fish fingers with chips or pasta.  	Quorn dippers with BBQ sauce chips or pasta.    	Harry Ramsden's battered fish with chips or pasta   Mc  	Cheesy bean pasty with chips or pasta.    
	Custard biscuits    yogurt  or fresh fruit.		Chocolate biscuit    Mc  yogurt  or fresh fruit.		Rosalie Italian Biscuits,   Mc   yogurt,  or fresh fruit.	

ALLERGENS



Celery,



Cereals containing gluten,



Crustaceans,



Eggs,



Fish,



Lupin,



Milk



Mollusc,



Mustard



Tree nuts



Peanuts



Sesame seeds



Soya



Sulphur Dioxide.

Mc = May Contain allergens



Handmade



Vegetarian




SCHOOL LUNCH MENU

Jacket potato option available daily with either cheese, beans, tuna or coleslaw


Allergens for jacket potatoes,

Cheese, 

Tuna,  (with mayonnaise   )

Coleslaw, (with mayonnaise   )

Beans.

Cheesy beans 

Working to the school food standards plan ensures your child has a healthy balanced nutritious lunch.

We are committed to using local produce and suppliers. All food is prepared fresh and cooked at the school. Ingredients can be substituted or recipes adapted, we cater for all dietary needs. Allergen advice on request, please do not hesitate to contact your kitchen manager.

Daily we provide a salad bar, milk or water, and a selection of fruit or yogurts.

ALLERGENS



Celery,



Cereals containing gluten,



Crustaceans,



Eggs,



Fish,



Lupin,



Milk



Mollusc,



Mustard



Tree nuts



Peanuts



Sesame seeds



Soya



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