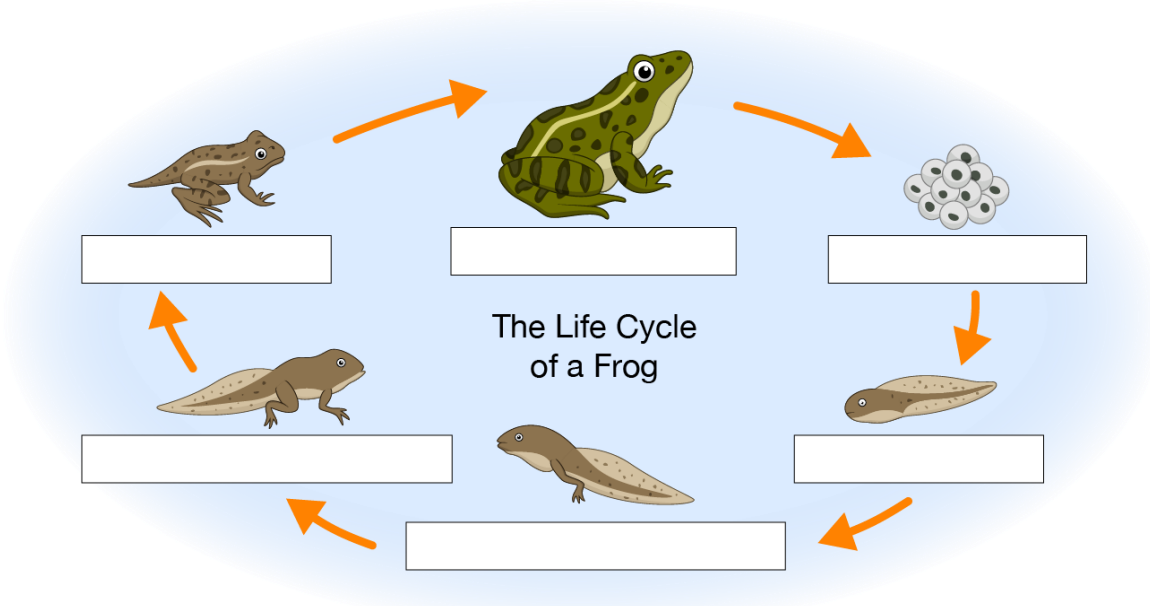
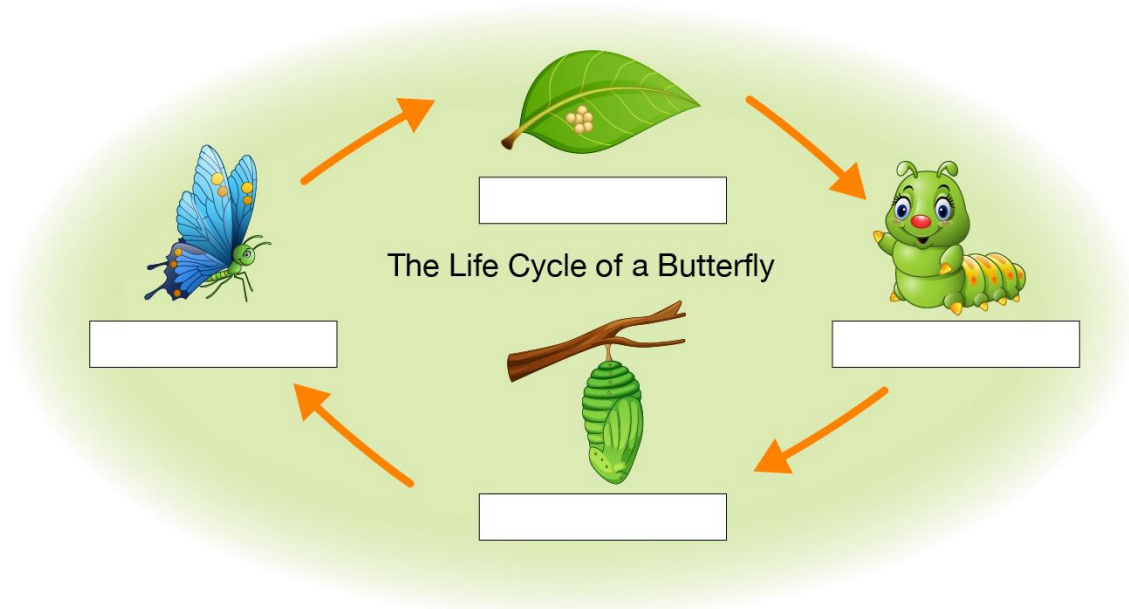


Name: _____

Date: _____

Life Cycles

Choose the correct words from below and use printed letters to label these two life cycle diagrams:



frogspawn

eggs

tadpole

adult frog

butterfly

froglet

back legs develop

caterpillar

front legs develop

pupa

Name: _____

Date: _____

Parts of a Flower

Copy the functions of the parts of a flower in your best handwriting.

The stigma is on top of the carpel.

The style holds up the stigma.

The ovary contains the eggs.

The anther is at the top of the stamen.

The filament holds up the anther.

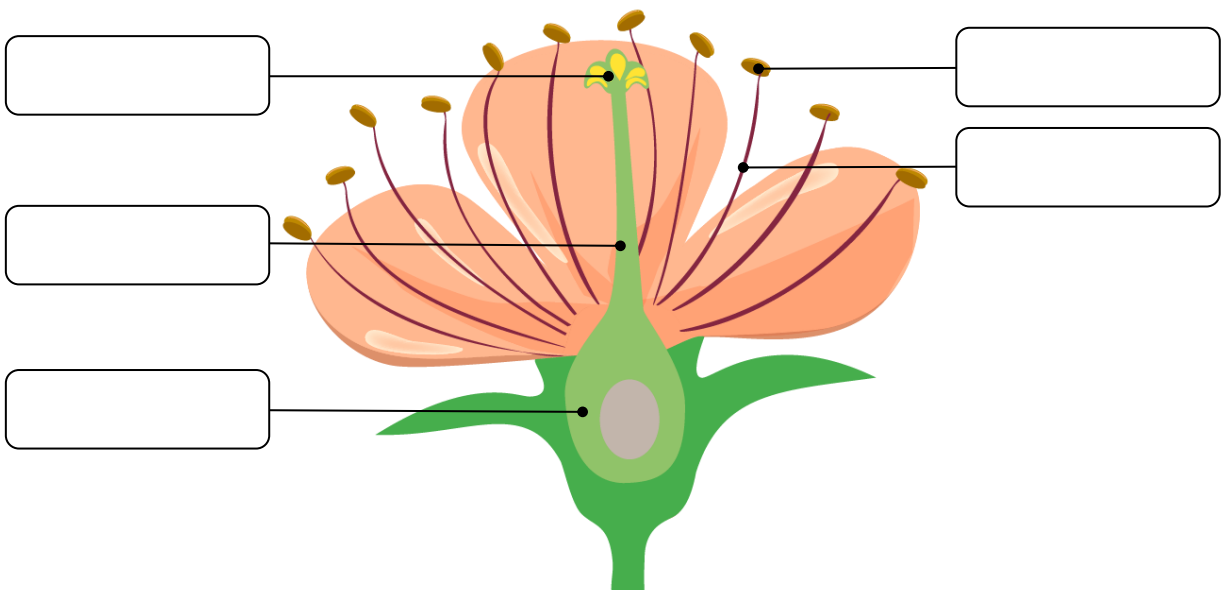
Label the parts of a flower using printed letters:

The carpel (female parts)

stigma style ovary

The stamens (male parts)

anther filament



Can you find out about pollination in flowering plants?

Name: _____ Date: _____

Properties of Materials

The objects around us are made from different materials. Materials are either man-made, like paper and glass, or natural, like stone and sand.



Here is a list of materials. Sort them into two groups:

sand

concrete

silk

glass

stone

cardboard

plastic

wool

paper

wood

Natural

Man-made

Write the name of a material that could be described by each of these properties:

sheer _____ absorbent _____

tough _____ brittle _____

rigid _____ durable _____

flexible _____ fragile _____

waterproof _____ smooth _____

transparent _____ malleable _____

opaque _____ pliable _____

coarse _____ uneven _____

Name: _____

Date: _____

Healthy lifestyle

Read and neatly copy this article explaining how sugar can damage your health:



Eating too much sugar can make you gain weight and can also cause tooth decay. The type of sugars that most people in the UK eat too much of are called 'free sugars'. Free sugars are found in foods such as sweets, cakes, biscuits, chocolate, fizzy drinks and juice drinks. For example, a can of cola contains nine cubes of sugar - more than the recommended daily limit for adults. We should eat less of these types of sugary foods.

Sugars also occur naturally in foods such as fruit, vegetables and milk but we don't need to cut down on these types of sugars. For a healthy diet, we must eat less food and drink containing free sugars.

Eating too much sugar can contribute to people having too many calories which can lead to weight gain. Being overweight increases the risk of various health problems.

Sugar is also one of the main causes of tooth decay. Limiting the amount of sugary food and drink to mealtimes only, can help to prevent tooth decay.

Find out the amount of sugar, per 100g, in these foods:

apple	_____	tomato ketchup	_____
cola	_____	baked beans	_____
natural yoghurt	_____	fruit yoghurt	_____
banana	_____	milk	_____
fresh orange juice	_____	coco pops	_____