



An Academy School

ELBURTON PRIMARY SCHOOL – P.E. CURRICULUM MAP



An Academy School

	Term 1	Term 2	Term 3	Term 4	Term 5	Term 6
EYFS 1	<p>Children are naturally physically active, and in our Pre School, the children continually develop their fundamental movement skills through both their independent learning and use of outside play environment. Children are supported to climb, hang, slide, step, jump and balance on the outdoor equipment at Pre School. Children will refine skills such as climbing, rolling and balancing during their Forest School sessions.</p> <p>During independent play, children will have access to a wide range of resources and toys to develop their fine motor skills. They will learn action rhymes using their fingers and hands. They will be supported in guided activities, where skills, such as 'joining;', will be taught and begin to use one handed equipment, such as scissors. These more refined skills will contribute to the development of fine motor control and developing pencil control and co-ordination. During the year adults will be implementing 'Write Dance' sessions for children who need extra practice with the skills needed to hold a pen/ pencil with a comfortable grip and good control.</p> <p>Children at Pre School will have regular access to the larger spaces within the main school, where they will practice pre writing skills using larger muscles, such waving flags, painting on a larger scale or rolling large tyres down a hill. They will learn daily smaller skills using 'Squiggle Whilst You Wriggle' which will also contribute to their fine motor skill develop. In term 4, children continue to strengthen their gross motor skills by doing 'a framers work', such a sweeping and digging, during their 'What's on the Farm topic'. In term 5, in their 'Let's Dig' topic, they will be making spider web creations, using their developing fine motor skills.</p>					
EYFS 2	Fundamentals	Fundamentals	Fundamentals	Fundamentals	Fundamentals Tennis	Fundamentals Chance to Shine
	Gymnastics	Gymnastics	Dance	Dance	Fundamentals Athletic Activity	Swimming
Year 1	Fundamentals	Fundamentals	Fundamentals	Fundamentals	Fundamentals Tennis	Fundamentals Chance to Shine
	Gymnastics	Gymnastics	Dance	Dance	Fundamentals Elevating Athletics	Swimming
Year 2	Fundamentals	Fundamentals	Fundamentals	OAA	Fundamentals Tennis	Fundamentals
	Gymnastics	Gymnastics	Dance	Dance	Fundamentals Athletics	Swimming
Year 3	Ball Handling	Ball Handling	OAA	Games	Athletics	Games
	Dance	Gymnastics	Dance	Rhythmic Gymnastics	Maypole Dancing	Swimming
Year 4	Ball Games	Ball Games	Net Games	OAA	Games Tennis	Cricket
	Gymnastics	Gymnastics	Dance	Dance	Athletics	Swimming
Year 5	Netball	Netball	Football	OAA	Tennis	Cricket
	Gymnastics	Gymnastics	Dance	Dance	Athletics	Swimming
Year 6	Hockey	Hockey	Tag Rugby	Tag Rugby	OAA	Cricket
	Gymnastics	Gymnastics	Dance	Dance	Athletics	Swimming