

# SCHOOL LUNCH MENU

	Week 1	Weeks commencing 13/4, 4/5, 1/6, 22/6, 13/7, 14/9, 5/10	Week 2	Weeks commencing 20/4, 11/5, 8/6, 29/6, 31/8, 21/9, 12/10	Week 3	Weeks commencing 27/4, 18/5, 15/6, 6/7, 7/9, 28/9, 19/10
Monday	Jumbo sausage in a finger roll with wedges. 	Broccoli potato bake. 	Pepperoni pizza with Saute potatoes. 	Tomato Mexican bean burrito. 	Crunchy coated chicken with diced potatoes. 	Vegetable curry with garlic and coriander naan bread with rice. 
	Carrot cake  yogurt  or fresh fruit.		Orange 100% fruit yummy lolly, yogurt  or fresh fruit.		Chocolate orange muffin  yogurt,  or fresh fruit.	
Tuesday	Chicken tikka with garlic and coriander naan bread, with rice. 	Crispy vegetable cake with new potatoes. 	Chilli con carne with rice. 	Cheese wheels with diced potatoes. 	Salmon tagliatelle. 	Cheese and tomato pizza with diced potatoes. 
	Fresh fruit platter or yogurt  .		Fruit muffins  , yogurt  or fresh fruit		Lemon drizzle cake  Mc  yogurt  or fresh fruit	
Wednesday	Spaghetti bolognese with garlic bread. 	Quorn Vegan nuggets with a sweet and sour sauce and rice. 	All day breakfast. (Bacon, egg, sausage, beans, hash brown) 	Vegetarian all day breakfast. (Quorn sausage, egg, tomato, mushrooms, beans, hash brown) 	Beef meatballs in a tomato sauce with pasta. 	Lentil burger with sweet potato wedges. 
	Shortbread with fruit  Mc  , yogurt  or fresh fruit.		Chocolate shortbread,  Mc  , yogurt  or fresh fruit.		Fresh fruit platter or yogurt 	
Thursday	Roast gammon with a Yorkshire pudding, roast potatoes, vegetables and gravy. 	Vegetable crumble with roast potatoes, vegetables and gravy. 	Roast chicken with a Yorkshire pudding, roast potatoes, vegetables and gravy. 	Quorn fillet with a Yorkshire pudding, roast potatoes, vegetables and gravy. 	Roast beef with a Yorkshire pudding, roast potatoes, vegetables and gravy. 	Cauliflower cheese with garlic bread. 
	Fruit flapjack,  Mc  , yogurt  or fresh fruit.		Fresh fruit platter or yogurt 		Raspberry 100% fruit yummy lolly, yogurt  or fresh fruit.	
Friday	Fish fingers with chips or pasta. 	Roasted pepper quiche with chips or pasta. 	Breaded fish nuggets with chips or pasta. 	Cheese and bean plait with chips or pasta. 	Harry Ramsdens battered fish with chips or pasta. 	Broccoli quiche with chips or pasta. 
	Banana cookie  Mc  , yogurt  or fresh fruit.		Custard biscuit  Mc  , yogurt  or fresh fruit.		Fruit and oat cookie  Mc  yogurt  or fresh fruit.	

**ALLERGENS**  Celery,  Cereals containing gluten,  Crustaceans,  Eggs,  Fish,  Lupin,  Milk,  Mollusc,

 Mustard,  Peanuts,  Sesame seeds,  Soya,  Sulphur Dioxide, sulphites,  Tree nuts **Mc = May contain.**

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Jacket potato option available everyday with either cheese, beans, tuna and coleslaw

Jacket fillings    Cheese     Tuna  (with mayonnaise  )    Coleslaw (with mayonnaise )    Beans.

Working to the school food standards plan ensures your child has a healthy balanced nutritious lunch.  
 We cater for all dietary needs; ingredients can be substituted or recipes adapted please speak to your kitchen manager.  
 Salad bar, water and milk available daily. All dishes are served with vegetables or beans.

 Handmade     Vegetarian    May contain = Mc

## ALLERGENS

 Celery     Cereals containing gluten     Crustaceans     Eggs     Fish     Lupin     Milk     Mollusc  
 Mustard     Tree Nuts     Peanuts     Sesame seeds     Soya     Sulphur Dioxide and sulphites.    Mc = may contain.